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Rawlins Cross

Presents:



On July 1st, Eaton Stage will again rock to the sounds of Rawlins Cross, one of Canada's most accomplished and beloved Celtic bands.

The band was formed in St. John's in 1989 by song writing brothers Dave Panting (guitar and mandolin) and Geoff Panting (keyboards and accordion) and Ian McKinnon (highland pipes and tin whistle). Since then, Rawlins Cross has been at the vanguard of the fusion of Celtic traditional music with the rhythms of rock, pop and world beat music. Equally at ease with a soulful Highland Air (MacPherson's Lament) or a raucous party song (Colleen, Wild Rose, Reel 'n' Roll), Rawlins Cross never fails to electrify its faithful fans. Rawlins Cross is always a "fan favourite" on the North American and European music festival circuit consistently earning return engagements.

Rawlins Cross reunited in 2008 after a six year hiatus and released *Anthology*, a compilation of its best recorded songs. This was followed with the release of *Heart Head Hands* in 2010.

Rawlins Cross last played Pugwash in 2000. They will follow other popular local artists and bands who will play on Eaton Stage through the afternoon and evening of July 1st. All this just for just \$5!!



Remember dandelions?

It seems like a very long time since we saw a dandelion and, with all this snow it, may be a long time before we see them again!

The first person who brings a blooming dandelion to the Clerk at the Village Hall will win a village ball cap. Runners up will get a village lapel pin.

Thinkers Lodge Society

The Thinkers Lodge Society is pleased to confirm the we have achieved a critical milestone for the organization, the community of Pugwash and our region.

The Thinkers Lodge Society and the Pugwash Parks Commissioners have signed a landmark partnership agreement to work together to celebrate and preserve the legacy of Thinkers Lodge National Historic Site.

Through committee work happening within the Operations Group of the Thinkers Lodge Society (TLS), the two organizations are actively working together to craft the details of what will happen at the property during 2015 and beyond.

A key priority is to increase awareness that the property is fully open and ready for business after the long restoration process. Activities already in motion include that the Thinkers Lodge National Historic Site will be listed in the NS Tourism flagship marketing tools " the Doers & Dreamers Guide" and "novascotia.com" for the first time. The Lodge will also be advertising in the 2015 Northumberland Shore Tourism Guide for the first time.

From: Nancy Burgess-Graham

Village Municipal Water Supply Project

The Pugwash Water Supply has been steadily progressing throughout the winter as we plan for the 2015/16 budget year. The water source exploration portion of the project is wrapping up and we are moving into the engineering phase of the project.

A request for proposals will be issued for the engineering design of the water distribution system and treatment plant this Spring. The engineering work involved includes pipe sizing, pipe routing, pumping and pressure modeling, water treatment processes and the design of all other required infrastructure.

The engineering work is scheduled to be completed in the fall of 2015.

From: *Justin Waugh-Cress, P.Eng., Director of Public Works/ Municipal Engineer, Municipality of Cumberland*

Water Sample Bottles

If you would like to have your well tested for minerals, there are sample bottles available from the Village Hall. Two different companies will test for either 30 elements or for fewer, specified elements. The cost varies with the range of testing and is the responsibility of the home owner.

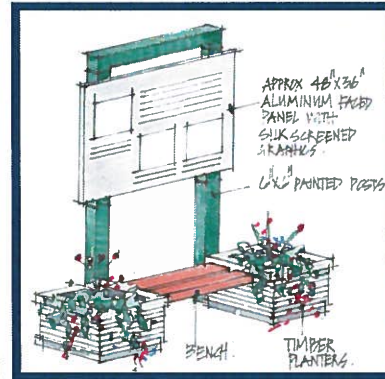
Water test bottle for bacteria are available from the Pugwash hospital. These must be delivered to the Amherst hospital. Costs and specific instructions come with the test bottle.



Making a Difference in Our Community

From: Nancy Burgess-Graham

With 62 members in 2014, the Pugwash & Area Chamber of Commerce continues to impact our community in a positive way. In the last year the PACC launched its new website "pugwash.biz" to promote its members and the area is a great place to visit, vacation, work and live. We hosted two, 10 week business training courses offered to participants for free. Members of the Chamber Council continue to play important roles on key committees like the Water and Multi-Purpose Centre projects with the County. The Chamber has



received grant funding for its "First Impressions" downtown enhancement project; "Heritage Vignette Walking Tour" from the Nova Scotia Tourism Agency, Department of Economic and Rural Development and Tourism.

These are possible because council members volunteer their time and expertise to make their community better. As our AGM approaches in April, we are looking for new faces and new ideas to keep the momentum going. We invite you to join the PACC if you are not already a member, but most importantly we invite you to contribute to your community by serving a term on the PACC Council and lending a hand on one of our working committees. Please feel free to contact any council member directly: Nancy Burgess-Graham (President), Greg Smiley (Vice President & Acting Treasurer), Wally Vaters (Secretary), Peter Finley, Bill Kempt, Lisa Betts, John Caraberis, Bonnie Bond, Marilyn Horton, Dennis Brown, George Klass, Mike Power, or our Membership Services Manager, Kathy Redmond at pugwashacc@bellaliant.net or 902-243-2606.



Busy Spring Ahead for Pugwash Communities in Bloom

From: Mary Maron

GARDEN AND WILDLIFE WORKSHOPS

CIB is sponsoring a series of FREE workshops to be held at the Curling Club in April. Mark your calendars! Come join us! All sessions will begin at 7:00.

April 9 - Bob Bancroft - "Wildlife and Your Backyard: Tips for Helping and Living in Harmony"

April 16 - Diane Stillman - "Division, Deadheading and Caring for Perennials"

April 23 - Charlie Baird - a presentation about shrubs: what to plant, pruning and care

EARTH DAY CLEAN-UP

The annual Earth Day Clean-up will be held in April. Please help keep our community litter free!

BUTT-OUT PUGWASH DAY - May 1

At the request of Pugwash Communities in Bloom, the Pugwash Village Commission has proclaimed May 1st as Butt-Out Pugwash Day when the community is encouraged to refrain from smoking in public places and to acknowledge the importance of smoke-free spaces in our environment.

This project is the collaborative effort of PDHS students, CIB, the Pugwash and Area Community Health Board, Village Commission, local businesses and organizations. This project is generously supported by a Wellness Grant from The Community Health Board.

The high school student social justice committee, under the guidance of the school nurse, Michelle Richard, is organizing a presentation for a May 1 school assembly on smoking both cigarettes and marijuana. Visual art students, under the guidance of art teacher Louise Cloutier, are creating stand-alone sculptural cigarette butts for use on May 1 to get the public's attention. At the end of the assembly, the students will take to the streets with CIB volunteers, handing out information about smoking cessation and a smoke and cigarette butt-free environment in key locations in the village.

Pugwash and Area Chamber of Commerce will encourage businesses to display Butt-Out Pugwash posters, hand out flyers to customers, and consider purchasing and installing cigarette butt receptacles near their entrances.

MOTHER'S DAY PLANT SALE - May 9

The CIB annual Mother's Day Plant Sale will be bigger than ever this year with a great selection of perennials! Please join other gardeners beginning at 9am in the Horton Gallery yard on Durham Street.

PEACE MARCH - May 22

The second annual Peace March will be on May 22. Look out for more information in the spring.



Farmers' Market Gearing up for new season

From: Nancy Burgess-Graham

Spring may be feeling a bit far away yet, but the Pugwash Farmers' Market team is already making plans for a great season. With customer crowds of over 1000 during peak summer weekends, the Market continues to grow and evolve to provide a great experience for both customers and vendors. As part of that, we are looking to expand what is offered for the 2015 season by accepting applications for vendors who MAKE, BAKE or GROW the products they wish to sell. Please send your name, contact information, and what you would like to sell at the market to pugwash-market@gmail.com.

CRITERIA: vendor must be directly involved in growing, raising or making the products offered for sale. We do not accept applications to sell commercial crafts or represent commercial product lines. The rule of thumb we require is 80% of your product offering must be made by you, however 20% can be locally sourced. Not-for-profit organizations are welcome.

Please be advised that applications will be juried by a panel. Priority will be given to vendors who will provide different and complimentary products to existing vendors to expand and diversify the market offering.

Lastly, the Pugwash Farmers Market would like to officially welcome our new Market Manager Nancy Burgess-Graham for the 2015 season!



Pugwash and District Volunteer Fire Department Roast Pork Take-outs April 23rd

Cost is \$10.00 per plate and you can pick up between 4pm -6pm.

We also offer delivery service in the village.

Please Contact any firefighter for tickets



Friends of the
Pugwash Estuary

From: Alice Power

Approximately 40 people attended the Friends of the Pugwash Estuary (FOPE) Annual General Meeting on Saturday, February 28th. Doug van Hemessen and Danielle Horne of Nature Conservancy Canada gave an informative presentation of where they own lands in the Estuary, ecological benefits of eel grass and where it is found in the Estuary, work they've done on invasive species (green crab and buckthorn), and continuing projects/developments in those areas.

A Community Recognition Program was instigated at the AGM. This would recognize people, not just for their involvement in FOPE, but for contributions to the community at large. The first, and very deserving, recipients were Bala and David Mehta.

Also at the AGM, the Friends of the Pugwash Estuary initiated the formation of a foundation to help fund Education and Research activities in the Estuary. It will be called the Alice M. Power Environmental Education Foundation, and the initial focus will be PDHS programs. The future vision includes expanding to other schools, universities, and interested researchers.

Exterior renovations at Estuary House have been completed, with new doors, windows and siding. Several days of trail cutting have seen the roughing out of a hiking trail of approximately 4 kilometres. Work will continue on this after the snow melts.

This summer should see the completion of a gazebo on the property. The gazebo will be large enough to accommodate a full class of students and will greatly extend the season for the use of the property. Mosquito season currently preludes productive activity at the site for long stretches of time. Eventually, the gazebo will contain interpretive panels depicting all aspects of the Estuary.

Other projects, including interior house renovations, the creation of a historical document, and green crab monitoring are in the planning stages.

April is the main FOPE fundraising month. Tickets will be sold throughout the month on a beautiful handcrafted quilt and several barbeques will be held. Everyone is invited to drop by Estuary House on Sunday, April 19 from 2 p.m. to 4 p.m. Refreshments will be served and donations accepted. Combined with the matching funds from Scotiabank, the goal is to raise \$10,000.

Check out FOPE on Facebook or at www.pugwashestuary.com

Pugwash Ground Search and Rescue from: Greg Nix

We provide support for the RCMP and EMO for Search and Rescue services from Amherst to Malagash on the east side of the 104. Our local partners are Springhill and Colchester Ground Search and Rescue and we often support searches in other areas of the province when additional support is needed. We are enjoying the use of a mobile command unit which was supported by the community with tremendous support from Scotiabank Pugwash! We also receive support from the Municipality of Cumberland County for continued operations. We currently have 32 members and are in our annual membership drive. If you enjoy hiking and can, or would, like to know how to use maps and GPS units, please contact Greg Nix (902.243.3295) for details. Our next fundraisers are a snowshoe orienteering event in Wentworth (April 4th) and a Motorcycle Rally on Sunday, June 21st! Find us on Facebook.

Pugwash Village Hall
office hours:
Monday to Friday
9am to 1pm (winter)
9am to 4pm (summer)

Clerk Treasurer:
Lisa Betts
Phone: **902 243 2946**

Email: villagecommission@pugwashvillage.com

124 Water Street
PO Box 220
Pugwash, NS
B0K 1L0

pugwashvillage.com

The Village Hall has space available for a variety of uses and meeting sizes. This is FREE to non-profit groups.

Please call the Clerk to book a time at:
902-243 2946

Nova Scotia



Community Access Program



**Pugwash C@P Site
and VIC**
Winter hours

Monday - Friday
9am to noon

Pugwash Village Hall
124 Water Street
C@P site ph: 902 243 2088
VIC ph: 902 243 3020



With so many storms and more than our share of the white stuff this Winter, like everyone else, Sport Pugwash is looking forward not just to Spring as a date on the calendar, but some actual Spring weather leading eventually to plenty of sunshine and warm Summer breezes.

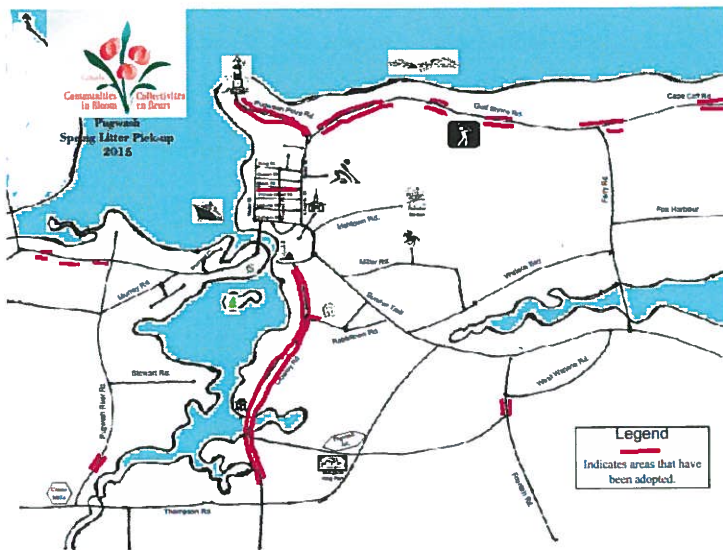
From Linda Nauss

Regular activities at the ball field, walking trails and the harness track will resume once more when outdoor weather permits use of these recreational amenities. It is expected that Sport Pugwash Harness track will host at least one Matinee Race day this summer and that the new canteen will be fully operational for this season's ball field and track events. As Spring/Summer nears, scheduled events and dates will be advertised in local newspapers, posted on Sport Pugwash face book and available on community web links.

The Executive would like to take this opportunity to thank all those who supported Sport Pugwash in the past either by volunteering their time or services, participating in the events or through donation of prizes or money. Your contributions and community support is greatly appreciated. See you at the races!

The Great Garbage Challenge 2015

Pick a stretch of road and pick up the litter!



The Great Garbage Challenge
Pugwash Communities in Bloom invites you and your family to participate in the **Great Garbage Challenge!** Litter pick up has become an annual event in and around Pugwash. There will be a clean-up (pending snow conditions) on Saturday April 25th. Meet at the Chatterbox at 9am. Bags and litter picking tools will be provided. During the week around litter pick up day, a dumpster will be parked on the

Salt Mine wharf and you are urged to use it and clean up your yards.

This year we are adding the **Great Garbage Challenge** which we hope will greatly expand our cleaned up area. We are asking citizens and businesses to make a commitment to adopt portions of their road, highway, or any other area. These adopted areas will be marked on the map. We hope to have all the roads claimed to make our com-

munity a cleaner place to live! Pledges to pick-up litter need not be done on any particular day. You and your family members can pledge to do 50 feet, half a kilometre, a kilometre, whatever works best for you.

Put yourself on the map by contacting Maureen Woodlock (902-694-7366) or pugwash.kgb@gmail.com or Facebook) and join the **Great Garbage Challenge!**

From: Maureen Woodlock

Pugwash Pictures in the Park

Louise Haycocks

Pugwash Pictures in the Park has one movie left in its winter season. Come to the Northumberland Community Curling Club where we have a large screen, comfortable seating and, unlike a movie theatre, non-sticky floors! Free popcorn is provided by Pugwash Pictures volunteers and drinks are available at the NCCC bar. Entry is by donation to cover the performance rights for each film.

Local Hero (1983)
April 11th

Burt Lancaster
Fulton MacKay

(look out for a very young Peter Capaldi - the latest "Dr Who")

Check out our facebook page for more details or phone 902.243.2684



From: Lisa Betts,
GOC Coordinator

The Gathering of the Clans is already taking registrations for the Highland Dance competitions and for the pipe and drum competitions. Vendors who sell original and new products and artisan crafts are encouraged to apply for a booth spot. A good balance of different kinds of food vendors is always challenging, but we hope to see old and new favourites return. The tradition of lobster from the Eaton Dining Hall (Lobster Factory) finally returned last year and will be available again this year.

The festival generates a lot of funds for various local non-profit groups such as the fire department, the hospital auxiliary and ground search and rescue. However, it takes money to make money and we would like to thank our sponsors at all levels (Platinum, Gold, Silver and Bronze) in advance for their support.

Fundraising barbecues at the Pugwash Co-op have been very successful and is one of the few times we are looking for volunteers before the event. If you can help out with one of the BBQs in June, please contact the coordinator at the village hall at 902.243.2946.

Election for Village Commission

Two positions as village commissioner are up for election this June 6th. Dave Farley is retiring as Commissioner after serving six years, two of those years as chair of the commission. Charlie Gould filled in the final year of a vacant position and may re-offer for another, full three year term this year. The terms of the commissioners are staggered to allow for as much consistency as possible, the new commissioners learning from the more experienced commissioners. To serve as a commissioner you must be an eligible elector of the Village. This means you must be a Canadian citizen, a full time resident of the village and aged 19 or over.

There are five commissioners. These are volunteers who have an interest in what and how village services are offered. Commissioners work as a democratic team while looking at village affairs and often serve on other committees, particularly the Master Plan committees. Much of what commissioners may or may not do is outlined in the Municipal Government Act. The village runs its meetings as according to Roberts Rules of Order. The policies and bylaws of the Village and the services offered can be found on the village website.

If you have an interest in how services are delivered in Pugwash, in planning for the long and short term future of the village and you can work in a team, consider running for the commission.



Canada Day 2015

Celebrating the Canadian Flag's 50th birthday!

Dressing up floats and vehicles for the Parade won't be difficult this year, when the theme is the Canadian flag! We have hundreds of paper flags at the village hall. If you need flags, we can supply them!

The budget for the fireworks has been increased, so we are hoping for the best display in Pugwash - ever!

Summer Job Opportunities

Applications for summer students will be accepted at the Village Hall office for Visitor Information Counsellors (one full time and one part time), a C@P Site attendant and a groundskeeper. Applications from university students for a position as Recreation Director are also being accepted. Job descriptions and application forms will be available from the village website in the next few weeks.

New Village Web Site

pugwashvillage.com has been completely replaced with a new website. Photo galleries and other content are to be added and we welcome any suggestions or information that helps keep the site up-to-date. We hope that this website, with its search engine and other 21st century widgets will help residents and visitors find services, businesses and other information.

We expect the events calendar to become very useful. But we can't guess what your events are - please send your information into the village Clerk to be added to the calendar. Non-profit groups only.

Collaborative Projects

The Village is collaborating with two very important groups on several projects. One of the projects is to extend the coverage area of the village banners. The Village has been working with **Communities in Bloom** on this project. Pictured here is one of the new banner designs.

The Village is also working with the **Pugwash and Area Chamber of Commerce** on a project called *First Impressions Heritage Vignette Downtown Enhancement Project*. This will include interpretive signs, benches and garbage bins.





HarbourFest Celebrates Tenth Anniversary

Pugwash HarbourFest (July 25&26, 2015) is well on its way in planning and executing an exciting 10th anniversary extravaganza. Along with a host of tried and true returning events, the festival will play host to the HarbourFest 5K, a new tented Seafood Festival, NSBRA Super Fast Boat Races (with a variety of divisions racing) and other exciting events in the planning stages.

Plans are underway for Canoe & Kayak racing in the upper harbour. The Dragonboats will not return – weather

& conditions forced the cancellation of these races the last two years.

The entertainment stage will be providing great local and regional talent. Domino Man, such a hit in 2014, will be returning. Look for some buskers on the streets juggling and entertaining! Helicopter Rides, great food, fun family-oriented events, the Pugwash Farmer's Market activities, Cumberland Library Puppet Shows and more.

Pugwash HarbourFest took a hit with extreme weather in 2014, and bad weather in 2013. Despite financial losses, entrance to the festival grounds will be FREE in 2015. Committee members are hard at work, planning

pre-event fundraisers, such as the Scotiabank Cake Auction (May 22nd), and a "Lee Fleming & Friends" fundraiser house concert.

The committee is thrilled to announce that Fox Harb'r Golf Resort & Spa have become a Corporate Platinum Sponsorship, joining Scotiabank and K&S Windsor Salt.

2017 will see the return of the Tall Ships to Pugwash – a chance for us to draw a massive crowd and replenish our diminished finances; until then HarbourFest will work hard and prudently to deliver the usual high-quality free event for our community, our visitors, and our participants.

From: Lee Fleming, Coordinator

Upcoming Events

April

- 4th Tartan Day
- 4th Cribbage - Pugwash Legion
- 4th Snowshoe orienteering (Pugwash GS&R)
- 5th Easter Sunday
- 9th Garden and Wildlife work shop - Bob Bancroft. 7pm
- 11th Pugwash Pictures in the Park "Local Hero"
- 16th Garden and Wildlife work shop - Diane Stillman. 7pm
- 18th Cribbage - Pugwash Legion
- 19th Pancake Supper (Wallace)
- 20th Village Commission meeting
- 23rd Roast Pork take out - Pugwash Fire Station. 4-6pm. \$10.
- 23rd Garden and Wildlife work shop - Charlie Baird. 7pm
- 25th Great Garbage Challenge. 9am
- 25th Brunch at the Legion. \$7 and \$3.50. 10am to 1pm

Paper Shredding Day - Date to be announced.

All events are in Pugwash unless otherwise noted.

May

- 1st Butt-Out Day
- 1st Cribbage - Pugwash Legion
- 9th CIB Mother's Day Plant Sale
- 17th Cribbage - Pugwash Legion
- 18th Victoria Day
- 22nd HarbourFest Cake Sale
- 22nd Peace March
- 25th Village Commission meeting
- 30th Brunch at the Legion. \$7 and \$3.50. 10am to 1pm
- 30th Dandelion Festival (Wallace)

June

- 2nd Village of Pugwash AGM
- 6th Election: Village Commissioners
- 15th Village Commission meeting
- 21st Summer starts
- 21st Motorcycle Rally (Pugwash GS&R)
- 30th Fireworks - Wallace

July

- 1st Gathering of the Clans and Canada Day

Check out <http://www.pugwashvillage.com/index.php/festivals-and-events/events-calendar> for more details!

Exercise & Dance Classes

Fun exercise program

10am Wednesdays at CEES

Ladies' Exercise

9:30am Fridays. At PDHS. Call Brigitte at 902 257 2844 for details.

Zumba

6-7pm Tuesdays. Pugwash Legion. \$8 per class

Dance/exercise instructors - please call the Clerk with your class times at: 902 243 2946 to add your classes to this list

The next village newsletter will be published in June. Send us your summer events to be included in the next "Upcoming Events". There is not enough room on this page for too many details, but we can include more on the online Events Calendar.



WHAT IS GOING ON AT YOUR LOCAL LIBRARY?

Incredible Insects Pugwash

Wednesday, April 8, 2015
3:15- 4:15pm. Grades P-6
Create a caterpillar that transforms into a butterfly and test your acting skills with our insect action cards. Space is limited - please call 902-243-3331 to register.

Pugwash Library

Winter hours
October - May

- Monday: 11am - 4pm
- Tuesday: 11am - 4pm
- Wednesday: 2pm - 7pm
- Thursday: 2pm - 7pm
- Friday: noon - 5pm
- Saturday: 10am - 1pm
- Sunday - closed
- Ph: 902 243 3331

Open Doors - Free Assistance for Job

Seekers

Tuesday, March 31st staff from Open Doors, Tatamagouche will be on hand from 9:30am to noon



The Royal Canadian Legion, Peace Branch No.60

PREPARING FOR THE 21ST CENTURY
ON SE PRÉPARE POUR LE 21^È SIÈCLE

Cribbage will be on the first and third Saturdays of the month. 1-4:30 p.m. \$10 per person-you'll need a partner. Bar will be open. Coffee and sandwiches, and cinnamon rolls available for purchase. Last crib of the season will be May 1st.

Bingo every Wednesday at 7pm
New members are welcome.

Camp Pagweak Preparing for Summer

From: Ruth Rushton

A work crew came on site in January to prepare for the septic system but unfortunately the weather has not cooperated. We are waiting on Mother Nature. Our fundraising goal has been met and we are eager to get this finalized!

Staffing is in progress and we have openings for Jr. male counsellors – they must be 15 years of age. We also have many opportunities for volunteers so please check out the web site at: www.pagweak.org. It's a great summer experience!

Our 70th Anniversary celebration plans are underway for June 28th – our 'Celebration Sunday' and we are hoping that many from the village will come over and see this little piece of heaven! Everyone is welcome. Keep checking the web site for more details. A special pewter ornament has been designed for this event and will for sale to commemorate this milestone! Hundreds and hundreds of children have come down the lane and have made some great memories at Camp Pagweak. Eight weeks of camp are planned this summer with the first camp starting on July 1st for ages 7 – 9.

North Cumberland Memorial Hospital Auxiliary

Members meet monthly. The next meeting will be Tuesday, April 7th at 2pm in the Hospital Boardroom (lower floor) for the first meeting of the new year. New members are always welcome.

At the PDHS graduation last June, the Auxiliary presented three bursaries of \$1,000.00 each to Shelby Parker, William Blaikie and Georgina Eagleson.

Plans are in progress for the Education Seminar to be held in Truro in April. As well, plans are being made for the Provincial Convention, hosted by the Northern Region, to be held in Truro in October.

The Thrift Shop is now our main source of funding, followed by Memorial Donations. We wish to thank all the volunteers (members or not) who work so hard keeping the Shop functioning. Many hands make light work.

Anyone interested in volunteering can contact Helen Cameron - Shop Convenor, at 902-243-2615.

FRIENDS OF THE MARGARET KING SCHOOL SOCIETY

From: Pat Briggins

After a successful opening of the Memorial Park last September the Executives were very grateful to the Municipality and Al Gillis in particular for their contribution to our project.

In 2015 we decided to become more self sufficient and have changed our tactics for fundraising for our operational needs. Thus we embarked on a fundraising campaign for Valentine's Day weekend. With matching funds from Scotia Bank, we generated approximately \$ 1600.

We had a successful fundraiser on Friday, March 13th at the Pugwash CO-OP consisting of a gift basket raffle with gifts appropriate for the occasion and the selling of a piece of art by the famous Anne Geddes

We thank all our membership , alumni of the school and the public for their generosity. We are always open to more members and valuable memorabilia as we continue to formulate the history of Pugwash Junction and beautify our Memorial Park. We welcome your visit!

Cancer Patient Navigator Visits Pugwash and Area Community Health Board



From: Peter Lewis

Left to right: Cathy Bragg-Gilmore and CHB board members Isabelle Mullaley and David Alderman .

When a person is diagnosed with cancer, the effects on the person are many including physical and emotional. A Cancer Patient Navigator is a nurse who works with the patient and their family and their cancer care team throughout their treatment and follow-up. A person diagnosed with cancer usually has many questions. The Cancer Patient Navigator can support the person through all of this. One testimonial from a patient was "It was the Patient Navigator who identified questions and things that needed more explaining. I learned then and there that she was the 'go to person' "".

Cathy Bragg-Gilmore is the Cancer Patient Navigator who works full time in Cumberland County. Ms. Bragg-Gilmore spoke to members of the Pugwash and Area Community Health Board at their February meeting. Members were quite impressed by the very important work she does. The County has had a Cancer Patient Navigator since 2009. There have been about 476 referrals since the Program started. Most referrals are from patients themselves. Others can refer with the consent of the patient. In the County, there are about 300 cancer diagnoses each year.

Each cancer patient has different needs and will deal with cancer in different ways. The Cancer Patient Navigator helps the patient with individual needs including: understanding the patient's cancer diagnosis and treatment; how to prepare to make decisions about treatments; how to connect with community health care professionals; how to connect with support groups and other resources in the community; helping to coordinate the patient's care; helping the patient to enrol in assistance programs for which the patient may qualify including family pharmacare, disability benefits and transportation programs. The Cancer Patient Navigator does not provide medical care; the patient who need such care needs to contact their family doctor or go to the closest emergency centre.

Ms. Bragg-Gilmore, as Cancer Patient Navigator, provides current information to cancer patients and their families to ensure they understand: their diagnosis, their treatment plan, symptom management and available supports. For more information or to make a referral contact Cathy Bragg-Gilmore at 902-667-6424 or at cathy.bragg-gilmore@cha.nshealth.ca.

Pugwash Panthers are Division 4 Senior Boys Basketball Champions Again!!!!

Photo: Nancy Reid

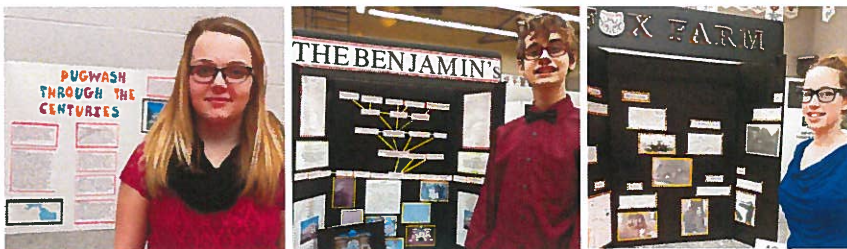
The Pugwash Panthers senior boys won the Provincial championship in their division for the fourth year in a row! This is an outstanding success by the boys, their coaches and supporters.



Back row: Angela Stewart, Adam Blair, Parker Tilt, Josh Purdy, Patrick Liebmann, Sam Wade, Jayson Arsenault, Vincent Pye
Front Row: Tom Brander, Garrette Alguire, Jordan Reid, Jordan Boyd and Caleb Pye.



Pugwash Communities in Bloom awards Heritage Awards at PDHS



Awards Winners: Alana Stevens (Grade 8) and Nathanael Pye (Grade 9). Honourable Mention :Erica Trenholm (Grade 9).

This is the second year CIB has given out the Heritage Awards. The selection is made in consultation with the grade 8 and 9 teachers from among students who have chosen subjects of local interest and to whom the award will acknowledge their efforts and build their confidence in academic studies in the future.

From: Norene Smiley

The Northumberland Boater's Association

From: Greg Nix

The primary mandate of the group is to encourage safe recreational boating in the Pugwash and River Phillip waterways. We are very excited about the purchase of our new buoys and a flat bottomed boat which we were able to obtain with community support last year. We hope this will make the job of placing buoys in the channel much easier. A special thanks to Scotiabank Pugwash Branch for supporting us! We also thank the Municipality of Cumberland County, Earl Chase and our great volunteers for supporting our efforts.

Our Annual General Meeting is May 17th, 12pm noon at the Pugwash Ground Search and Rescue building on King Street. If you have an interest in an executive position, or just wish to learn more about our group, please feel welcome to attend. Membership applications will be sent out individually this year and you can get additional information on our facebook page .

Mixed Palette Art Group



The Mixed Palette Art Group meets at the Pugwash Village Hall every Thursday from 9:30am to 1pm. We paint, chat and learn from each other.

We paint enough paintings through the year to have a ten day Art Sale in August at the Village Hall. This year, over 1,000 people visited the sale and we sold about 70 paintings!

New members are always welcome. Just drop by the Village Hall on a Thursday or contact Heather Cunningham at 902-243-2380.

It Takes a Village Newsletter is generally published quarterly in March, June, September, December. The deadline for our next issue is **May 25th 2015**. Maximum word count of 250. No ads. We reserve the right to edit for length and content. Submissions from non-profit groups only please. Photos or graphics will be used as space allows. The newsletter distribution covers the Village and all rural postal routes serviced by the Pugwash post office. Send articles by email to: villagecommission@pugwashvillage.com

For more info call:
902 243 2946

Northumberland Community Curling Club

From: Hazel Felderhof



The winter of 2015 has proven that even the controlled environment of a curling rink can fall victim to the vagaries of winter storms. When the snow is piled so high that an unplowed parking lot makes access to the ice surface an impossibility, and when curlers cannot get out of their own lanes, curling has to be cancelled. From the last week in January until the end of March curling has been cancelled time and again. However, many successful events were realized.

Our Annual Invitational Bonspiel was held the last weekend of January into the 1st day of February. Teams crowded into Pugwash for an exciting weekend and left with bookings to return next year. The February Funspiel, with its theme, All Things Italian, took place on Feb. 21 and 22. A little bit of Italy added a touch of Mediterranean heat to a winter weekend. High school regional play-downs were held at NCCC on Feb.26. This full day of curling provided exciting moments with our Junior team winning the Boy's Championships. Well done, PDHS/NCCC team! Feb. 28 and March 1 were set aside for a Club Coach Clinic facilitated by NS Curling Association. Six of our members took the course and successfully qualified as Club Coaches. So despite some cancellations the winter season proved to be a huge success.

The Codiac Cup, our closing bonspiel, will be held on March 27 and 28. On Sunday, March 29, our closing BBQ will wind up the season.

On Monday, March 30 the plug will be pulled on the ice plant. As in former years, curlers will be sad that the season is over but will look forward to it starting again in October.

Route Six Snowmobile Club

From: Greg Nix

The Club has had an unusual winter with no snow until February and now, so much snow, that grooming the trails has been difficult. We are operating two groomers, one that looks after most of the trails west of Fountain Road and the other, Angevine Lake area and the Trans Canada Trail to Tatamagouche. The trails are now back in shape for great spring sledding thanks to our wonderful volunteer crew! We recently had a very successful fundraiser/rally and especially thank Scotiabank Oxford Branch for matching funds raised.

Access to Pugwash from the rail bed (Trans Canada Trail) is via the old spur line. The trail is groomed. We also groom a trail on the other side of the river that ends at the Pugwash River Road. Though it is a dead end trail, we do see sled traffic across the Pugwash Basin to the Spur line trail. Be certain the ice is safe when deciding to cross any water area! We have also seen an increase in the number folks out on snowshoes and skies. Thanks to all who purchased trail passes, the ATV Club for helping build and maintain trails and all those who support our Club in so many ways!



The North Shore Adventure Club

From: Greg Nix

The current mandate of the Club is to support the Orienteering Association of Nova Scotia with organizing events in Cumberland County as well as supporting schools and groups who wish to become more familiar with maps and cross-country navigation skills. All events are posted on the provincial website at <http://orienteingns.ca/>. A typical event involves pre-registering by email, paying registration fees at the site, and finding your way around a map using your wits and a compass. Course categories are varied from beginner/family to expert. Anyone wishing to join our local group can contact Alice Power.

Pugwash Village Commission Meetings

Regular meetings are generally on the third Monday of the month at 7pm. Come to the next meeting and find out what is going on in YOUR Village!

Meetings often include special presentations from local organizations and groups, the RCMP or Provincial representatives

If you would like to make a presentation, call the Clerk at 902 243 2946 or email villagecommission@pugwashvillage.com

Visitor Information Centre (VIC)

The VIC is not just for visitors. Local residents can find lots of information about upcoming events and interesting local attractions for a day trip. Garbage pick-up schedules and other brochures are available - all year!

The VIC is open every weekday morning and through the summer months it is open seven days a week.

The VIC is in the Village Hall at 124 Water Street.



MLA Terry Farrell

The Amherst office is located at 10B Havelock St on the corner with Ratchford Street. The office is staffed daily. Deby White is the Cumberland North Constituency Assistant. You can reach us at 902-660-3144 or by email at terry.farrell@live.com. We will be at the Pugwash Village Hall every second Monday afternoon. Come by chance or call 902-660-3144 for an appointment.

Next Regular Meetings:
 April 20th
 May 25th
 June 15th
AGM:
 June 2nd

Did you know ...
 The Village Hall is free to use for meetings for non profit groups?

Public washrooms are available. One is wheelchair accessible and includes a baby changing station.

Pugwash Village Commissioners: Who are they?

Pugwash Village has five elected Commissioners who volunteer their time to help administer what is going on in YOUR Village. To be a Commissioner, you have to live within Village limits, a Canadian citizen and be willing to give up time to work for the sake of *all* Village residents. Elections are held every June for one or two positions that are for three years.

Christie Blackie (902 243 3308) is the hot lunch coordinator at Cyrus Eaton Elementary School. Christie returned to Pugwash 5 years ago and hosts international exchange students.

Dave Farley (902 243 3284) is past chair of the Village Commission. Dave is retired from Diversey Canada. Dave is retiring as Commissioner this year.

Charles Gould (902 243 3493) lives on Durham Street and works for the NS Department of Natural Resources.

Roger Mundle - Vice Chair (902 243 2042) lives on Water Street and is semi-retired as a truck driver. Roger delivered furnace oil in this area for 28 years.

Kathy Redmond - Chair (902 243 2606) lives on Freedom Lane. Kathy brings 12 years of Municipal experience to the village commission. Kathy is office coordinator for Cunningham Construction and Cooperators Insurance.

MP for Cumberland Colchester
 Musquodoboit Valley
 Scott Armstrong
 1 888 752 0552

MLA for Cumberland North
 Terry Farrell
 902 660 3144

Councilor for District 4
 Allison Gillis
 902 243 3313

