

It Takes A Village

FREE!

June 2015

This Issue: Pugwash Co-Op 1 Thinkers Lodge summer plan 1 Master Plan Action Team Reports: Village Water Supply 2 **Tourism** 2 Collaboration & Communication 2 Thinkers Lodge Society 3 Farmers' Market 3 Fire Department -3 Mackerel Tournament Friends of the Pugwash Estuary 4 Village Hall contact information 4 C@P Site and VIC info 4 Peace Conference 5 Summer in Eaton Park 5 Gathering of the Clans & 6 Canada Day events schedule HarbourFest 7 Events calendar 7 **Exercise Classes** 7 Cumberland Public Libraries 8 Pugwash Library - summer hours 8 Camp Pagweak 8 Friends of the Margaret King 9 Pugwash Community Health 9 Local PDHS grad joins Mount 10 Summer staff at the Village Hall 10 Civic Number Signs 10 Mixed Palette 11 Newsletter facts 11 **Dandelion victors** 11 Sport Pugwash meeting 11 Other Village news 11 Commissioners, meeting times, 12 Visitor Information Centre 12 Did you know ...? 12 Contact information for your Councilor, MLA and MP



Great food begins here. À la source des aliments.

Pugwash Co-Op is here to stay!

Greg Smiley, President Pugwash Co-operative Ltd.

The last few months have been anxious ones for the Board and staff at the Pugwash Co-op. In January, as we entered our 70th anniversary year; we learned that Co-op Atlantic, our wholesale supplier was no longer able to sustain its operations and was attempting to divest its grocery and retail gas assets. On May 12 the member co-ops voted to sell those assets to Sobeys. That only means that our co-op is losing a source of supply. It does not mean that our Co-op has been sold. No employees will lose their jobs. We plan to continue to be your Community Co-op Store for the next 70 years!

The Board has begun negotiations to replace Co-op Atlantic with a new supplier and we are very excited about our prospects. We anticipate rolling out the new banner and facelift during the summer and will hopefully complete our transition by the end of September. We are determined to make improvements throughout the store and will continue to source local products and Maritime beef. As always our focus will be to provide high quality products at competitive prices with friendly local service.

***Important Notice ***

Members: come to St Thomas More Catholic Church Hall on Wednesday, June 24th at 7pm to hear more about future plans for the Co-Op.

Busy Season Ahead at Thinkers Lodge

We are looking forward to Thanksgiving weekend at a summer that will be even busier than the last. This is the 60th anniversary of the first Thinkers conferences, and our summer theme will be paying tribute to the best of 1955. Beginning with a fifties-style 'sock hop' dance at the Lobster Factory, on the 30th June, there will be other advertised events throughout the summer months. For the first time, Thinkers Lodge will be selling lottery tickets for the grand prize of spending

Thinkers Lodge. Only 1000 tickets will be sold, either at Thinkers' gift shop or Scotiabank. We are very appreciative of the financial support from Scotiabank that will match the first \$5000 from ticket sales. All money raised will go towards the maintenance and upkeep of our national historic site.

We welcome back to our staff, Jenna Rushton as program officer, and are please to have Georgina Eagleson, graduate of

PDHS, join us as tour guide. Five weddings are booked over the summer months, and there will be a Canadian Pugwash conference and International Student/Young Pugwash conference in July. In September there will be another PeacemakeHers Camp.

If you would like to book the Lobster Factory for an event, check our online calendar and make an inquiry at: http:// thinkerslodge.org/

PUGWASH AND AREA MASTER PLAN REPORTS

Village Municipal Water Supply Project

This project has achieved several milestones as we progress towards the goal of supplying the Pugwash area with a safe and reliable source of potable water.

Working with our hydrogeological consultant, Dillon Consulting, we have identified a suitable supply of groundwater. The groundwater supply is of sufficient volume to supply the demands of the Village of Pugwash and surrounding area. Another benefit of the groundwater supply is that it is located in an isolated area that can easily be protected from being compromised by human activity.

The County has made an application to the Federal Government's Building Canada Fund for the Pugwash Water Supply project. The Building Canada Fund supports infrastructure projects of national, regional and local significance that promote economic growth, job creation and productivity.

The next step for this project in the 2015/16 budget year is to procure engineering services to prepare preliminary and detailed design for this project. After the design is completed the project will move to the tender and construction phase. The construction for this project is expected to be completed in Q4 2017.

From: Justin Waugh-Cress, P.Eng., Director of Public Works/Municipal Engineer, Municipality of Cumberland

From the report made to the Pugwash Village Commission at the 2015 AGM

Tourism Action Team

The Visitor Information Centre was reinstituted last year, sharing space with the C@P site here at the Village Hall. A new sign was designed an installed above the VIC/C@P site window and inside door. Given that there was no highway signage until the fall, our numbers were very pleasing, rivalling those of the old VIC some years ago. With one full time and two part time staff, the VIC was open 840.5 hours. In the height of the summer these hours were seven days a week and late on Fridays. 376 people were counselled in person, 41 by phone and 364 "considered" for a total of 781.

Lisa Betts, Tourism Action Team Chair From the report made to the Pugwash Village Commission at the 2015 AGM

Collaboration and Communication Action Team

This is not so much an Action Team as a movement. More and more organizations are working together on projects with mutual benefit.

This collaboration will be assisted by one page of the new Village website in particular "Non Profit Organizations" There are over 60 organizations, groups and churches in this listing. Once complete, you will be able to click on the name of any of these groups and find out who they are, when they meet and what their mandate is. Not only will this help groups find each other, but newcomers and visitors to the area can find them too!

The newsletter is an important means for non profit organizations to let the people of Pugwash and area know what is going on in this area. With the demise of the Oxford Journal, the village newsletter will be even more important in keeping us all connected. However, it is only as good as its input, and we're always looking for input! 800 newsletters are distributed via the Pugwash Post Office and many more kept on hand at the library, Co-op and other local stores.

The next project that I will be promoting is a community garden. There are many models on how to run such an endeavour, but with help from groups such as Communities in Bloom, Open Hamper, perhaps the schools or seniors' groups and any others interested parties, we can add some food sustainability to the long list of Pugwash collaborative projects. Another part of this project is a herb garden.

Finally, something very dear to my heart is promoting the efficiency and safety of how emergency responders respond. Even before this past terrible winter made off with many mail boxes and civic signs, the rate of civic sign display in Pugwash was poor. With the help and cooperation of the local fire department, EMO, the County, the Pugwash Chamber of Commerce and any others willing to help, we will be promoting the importance of these signs and assisting people to purchase these essential (and required) signs. Lisa Betts, CCAT Action Team Chair

From the report made to the Pugwash Village Commission at the 2015 AGM

See page 10 for more on civic signage.

Multi Purpose Centre Action Team

The majority MPC committee decision was made to pursue the primary site identified by the design consultant team for a multi purpose centre which would include a library. In the late summer of 2014, Cumberland County conducted an assessment and commercial cost appraisal. Negotiations to acquire this privately owned property have yet to be concluded.

Cumberland County concurrently conducted a structural assessment of one part of the properties with the thought that its purchase and renovation might become an alternative and affordable option. The assessment resulted in the conclusion that it was not a viable building for renovation since too much structural reinforcing was required for adaptive reuse.

The MPC committee have a representative on the Waterfront Development Group committee since the desired development of the Pugwash waterfront share the same preferred location.

From the report made to the Pugwash Village Commission at the 2015 AGM

From: David Rickard, MPC Chair

Thinkers Lodge Society

The Thinkers' Lodge Society (TLS) will be hosting a speakers' series this summer called "Conversations at Thinkers' Lodge". The kick off to the series will be a free Public Forum presented by the Canadian Pugwash Group at the PDHS cafeteria, Thursday, July 9 at 7:30pm. Titled "Lessons Learned and Unlearned", the forum will be chaired by Alexa MacDonough and will include Dr. Kennette Benedict as a speaker.

The new series is designed to engage people in interesting & thoughtful discussions. In cooperation with the Pugwash Park Commission, the programs will be held at the Lobster Factory for a fee of \$5 which will support The National Historic Site.

Thursday, July 16, 7 pm: James Raffan: adventurer, geographer and critically acclaimed author of "Circling the Midnight Sun" Thursday, July 23, 7pm: Harry Thurston: award winning writer & naturalist. Please watch for more information on these and any upcoming programs.

The Thinkers Lodge Society welcomes the Canadian Pugwash Group to our Village this July 9-12. They will be holding their workshop, "The Way Forward to a World Free of Nuclear Weapons". The TLS will be helping to cosponsor and plan the event. Approximately 25 delegates plus observers & university students will be attending. We welcome the delegates to our community. Thank you to all of the volunteers and local businesses who will be assisting with the event.

For more information please contact: Bonnie Bond at 902-243-3390 or johnbonnie52@hotmail.com



Building Community Spirit One Saturday Morning At A Time

From: Nancy Graham

It is hard to believe that the Pugwash Farmers' Market has kicked-off its ninth season. It has become the Saturday morning gathering place for residents and cottagers alike, to share stories, connect with each other, and meet local growers, bakers and artisans. The place to get connected to and informed about where our food and products come from. We have many of our traditional vendors returning this year, with all the things you love, and a handful of new ones to discover. We hope you make a trip to the market part of your Saturday morning routine. See you there.



Pugwash and District Volunteer Fire Department

Mackerel Tournament

August 22 and 23, 2015

Registration 6:30am to 10am (Pugwash Fire Station) Weigh-in 3:30pm to 4:30pm (Eaton Stage)

> 2 Day fishing: \$25 1 Day fishing: \$20

\$500 first prize. Many other prizes. \$6 breakfast on Saturday

Proceeds to go towards the cost of a rescue boat

~~*~*



From: Alice Power

On Saturday, May 9, the Friends of the Pugwash Estuary participated for the first time in an official bird count. Led by Betty Hodgson (who watched the sun rise at Estuary House on a very cold morning) and augmented by people in four other locations a total of 271 birds from 43 different species were counted. Next year, the Friends would like to add other sites, including Pugwash Harbour and Pugwash Point. Volunteer with Betty or any member of the FOPE Board.

This summer a research project has been undertaken by the Friends of the Pugwash Estuary to examine the history of the estuary and its impact on the development of Pugwash through time. Skeena Lawson, a Mount Allison history major, has been hired to conduct the research. She will start with the earliest inhabitants and focus on the significance of the river to them and on those who came after. She will also examine the influence man has had on the estuary and river. Skeena is working out of the North Cumberland Historical Society, and if you have any information about the river, its people and its industries, she would love to interview you. You can reach her there or through the FOPE Facebook page.

On Tuesday, June 2 volunteers from the Friends combined with Nature Conservancy Canada to host a day of Biology/Science hands on activities for students from Pugwash District High School. Students learned how to recognize glossy buckthorn (and rip it out), the names of certain plants, bird calls, identify tree species and tell the age of a tree by coring. Due to the weather, the afternoon session on shoreline creatures was moved indoors.



Staining has been completed on Estuary House. Thanks to all the volunteers for their time and energy. (Photo submitted)

Pugwash Village Hall office hours: Monday to Friday 9am to 1pm (winter) 9am to 4pm (summer)

Clerk Treasurer: Lisa Betts Phone: **902 243 2946**

Email: villagecommission @pugwashvillage.com

124 Water Street PO Box 220 Pugwash, NS BOK 1L0

pugwashvillage.com

The Village Hall has space available for a variety of uses and meeting sizes. This is FREE to non -profit groups.

Please call the Clerk to book a time at: 902-243 2946





Pugwash C@P Site and VIC Summer hours Monday - Saturday 9am to 6pm Friday - open until 8pm Sunday: 11am to 4pm

Pugwash Village Hall 124 Water Street C@P site ph: 902 243 2088 VIC ph: 902 243 3020 June 2015

Canadian Pugwash Group Convenes Nuclear Disarmament Conference

The Canadian Pugwash Group in cooperation with the Thinkers' Lodge Society will convene a conference "The Way Forward to a World Free of Nuclear Weapons" July 9-12, 2015 at the National Historic Site of Thinkers' Lodge in Pugwash, Nova Scotia.

The conference, which will bring together nuclear disarmament experts, activists and Pugwash movement members from Canada and the United States, is being held to mark the 70th anniversary of the atomic bombings in Hiroshima and Nagasaki and the founding of the United Nations, as well as the 60th anniversary of the Russell-Einstein Manifesto that gave rise to the international Pugwash movement.

The conference will benefit from the views of leading experts on the challenges faced by the existing nuclear nonproliferation and disarmament regime and their ideas for making tangible progress towards a world without nuclear weapons. Other related themes such as the risks posed by new conventional weapon systems and the revival of Cold War postures will also be addressed. Thematic breakout groups will allow all participants to contribute to the development of recommendations that the conference hopes to forward to the Canadian Government for its consideration.

Amongst the experts participating are Dr. Kennette Benedict, former Executive Director of the *Bulletin of the Atomic*

Scientists, Dr. Randy Rydell, former Senior Policy Advisor of the UN's Office for Disarmament Affairs and four former Canadian Ambassadors for Disarmament. A public forum will be held on the evening of July 9 that will permit the local population to learn about their own history in the global peace movement and to hear expert presentations and engage with the conference participants.

For further information, contact: Canadian Pugwash Group: Paul Meyer – <u>pmeyer@sfu.ca</u> OR David Harries – <u>idsharries@bell.net</u>

Thinkers' Lodge Society: Nancy Burgess -Graham – nancy.graham@bellaliant.net

Eaton Park is the place to be this Summer!

From: Lisa Betts

From **Prom Night** at the end of June to the mackerel tournament in August, there is lots going on in Eaton Park this summer!

Prom will be at The Eaton Dining Hall, on June 24th and the harbour will make for picture perfect background for all those photos proud parents and friends will be taking of PDHS graduates.

July 1st is Canada Day. In Pugwash, we celebrate all day with Gathering of the Clans events starting at 8:30am with Highland Dance competitions and Canada Day parade (10am) and fireworks at dusk. This year, we have <u>eight</u> pipe and drum bands competing! We haven't seen that many pipe bands in Pugwash for a very long time. It should make for a fabulous spectacle when they all march together up Water Street when their competitions are over at Thinkers Lodge. See the next page for more events on the schedule for Canada Day.

July 25/26th is HarbourFest with lots of events including the 5km run and the motor boats are back!

Gospel in Park will be holding concerts on Eaton Stage on some Sundays.

The Pugwash Co-Op will be celebrating 70 years in Pugwash on August 2nd.

The Fire Department 21st Annual Mackerel Tournament is August 22nd and 23rd.

Any additional information can be found on page 7 in this newsletter and on the village events calendar on our website pugwashvillage.com. Have a great and safe summer!



CANADA'S FLAG'S ** 50th BIRTHDAY

LY 1ST CANADA I

WEDNESDAY JULY 1ST

8 am Sausage & Pancake Breakfast \$7 | Pugwash Fire Station

Midway | Municipal Parking Lot

Artisan Booths | Water St.

Food Booths | Water St., Eaton Park, etc. Info Displays & Booths | Water St. & Black St. Highland Dancing Competition | Eaton Park

10 am Parade | Pugwash Village

8:30 am

11 am Bagpipe & Drum Competitions | Thinkers Lodge

> Heavyweight Highland Games | CEES Grounds Antique Car Show & Shine | Mundle's Funeral Home Antique Tractors & Engines | Mundle's Funeral Home

Children's Parade | Water St., from Queen-Black St. 1 pm 2 pm Opening Ceremony | Eaton Stage

3pm Massed Pipe Band | Water Street (approx.)

ENTERTAINMENT IN EXTON PARK

2pm **Opening Ceremony**

3pm **Barry Patriquin**

4pm Liz and Ben Acoustic Duo

5pm Break

6pm DC Smith & The Streamliners

7:15pm Alycia Putnam

8:30pm **RAWLINS CROSS**

10pm **Fireworks**

> THANK YOU TO ALL OF OUR VALUED SPONSORS. **VOLUNTEERS & SUPPORTERS!**

L THIS FOR ONLY 5 BUCKS?!

Keep your admission bracelet on- pay just once and come and go all day long!

GATES OPEN FROM 8AM - 9PM

ADULTS (12 & over) \$5

STUDENTS (5-12yrs) \$3

CHILDREN (under 5) FREE



CANADA DAY FREE EVENTS

10am - PARADE 10pm - FIREWORKS

cumberland















ALL PROFITS GO TO LOCAL COMMUNITY NON-PROFIT GROUPS



Major events slated for this year include the return of the Nova Scotia Boat Racers Association carded event featuring several classes of high speed boats, going at 3pm on Saturday afternoon; the return of the 5K race to be known as the "5K Salt Dash- presented by K+S Windsor Salt"; a Seafood Festival Tent featuring local seafood treats and delicacies; enhanced children's and family events including the popular Soapbox Derby, North Shore Events Carnival, puppeteers, Domino Man; a well-rounded collection of local entertainers and in celebration of our 10th anniversary - a fireworks show and so much more!

What's down the road? In conjunction with Waterfront Development Corporation Limited, the host organization for Tall Ships in Nova Scotia, HarbourFest is gearing up as part of the "Road to 2017" in which we will be coordinating

HarbourFest Tenth Anniversary July 25th and 26th

efforts along with all levels of government to celebrate Canada's sesquicentennial. HarbourFest will be part of these major celebrations in Pugwash where, along with various government agencies, Pugwash HarbourFest will be featuring Tall Ships, a major Food festival with tie in to Taste of NS, major entertainment and other exciting events.

As you may be aware, HarbourFest has suffered greatly due to inclement weather these past two years. Attendance was significantly hampered by cold, wet conditions and revenues for our organization simply didn't materialize as hoped. While we typically have reserves in such years as Tall Ships visitations, we do not anticipate such a major revenue generator until 2017. We still wish to promote a "free event" weekend for the region while ensuring we do not incur any further losses in the delivery of such a programme. Steps we have taken include booking additional advance fundraisers, adding corporate sponsors Fox Harb'r and Cobequid Mountain Sports to our Platinum Sponsor list, and reducing the

From: Wally Vaters, Chair

event to two days instead of three. We would like to thank all those involved in helping out with two of our fundraisers so far, the cake sale on May 22nd and a house concert "Lee Fleming and Friends" on June 20th.

We are thrilled to recognize continued support from our Village, County, and Province as we enter into our 10th anniversary. We are pleased to report that for the first time, we have received some financial support from the Federal government in the form of a Community Arts and Heritage grant. Our corporate sponsors continue to support this event and recognize its importance as an attraction event for tourists, a major spectacle for our community and region and the economic benefits to area businesses and community groups. If you wish to lend your support to this year's Pugwash HarbourFest as a volunteer, a committee member, a contributor - please get in touch with us anytime! We look forward to celebrating 10 years with everyone at Pugwash HarbourFest!

Upcoming Events

June

24th Co-op Information session

24th Prom

30th Dance - Eaton Dining Hall

30th Fireworks - Wallace

July

1st Canada Day and

Gathering of the Clans

4th Commission election

5th Francis Grant Day - Wallace

5th Gospel in the Park

9th TLS forum, PDHS

9th Sport Pugwash

11th Strawberry Festival-Wallace

16th TLS - James Raffan

19th Gospel in the Park

23rd TLS - Harry Thurston

25th HarbourFest

26th HarbourFest

All events are in Pugwash unless otherwise noted.

August

2nd Co-op 70 years celebration

3rd Civic holiday (for some)

9th Gospel in the Park

16th Gospel in the Park

17th Village Commission meeting

22nd Mackerel Tournament

23rd Mackerel Tournament

26th Railway Day - Wallace museum

September

7th Labour Day

12th Gospel Concert - Wallace River

21st Village Commission meeting

Check out http://
www.pugwashvillage.com/
index.php/festivals-and-events/
events-calendar
for more details!

Exercise & Dance Classes

Fun exercise program

10am Wednesdays

Ladies' Exercise

9:30am Fridays. Call Brigitte at 902 257 2844 for details.

7umba

6-7pm Tuesdays. \$8 per class

Dance/exercise instructors - please call the Clerk with your class times at: 902 243 2946 to add your classes to this list



WHAT IS GOING ON AT YOUR LOCAL LIBRARY THIS SUMMER?

Summer Reading clubs Read books, win Prizes Ages 3-103 All Summer Long!

Kids ages 3-12 come in and sign up for our TD Summer Reading Club this year's theme is PLAY. Come to fun Programs throughout the summer & win Prizes for reading!

Teen's grades 7-12 Read a book, magazine or a newspaper from the Library and submit a ballot for every 2 hours you read.

Adult- Just for Adults summer reading club.

Open to all Cumberland Public Libraries Cardholders over the age of 18. Read books, graphic novels, audiobooks, downloadable eBooks and downloadable audiobooks from Cumberland Public Libraries fill out a ballot for each item you've read.

Record Breaking Summer

Starting June 26th

Cumberland Public Libraries is challenging kids (and Kids at heart) to break a world record to celebrate the 60th anniversary of Guinness World Records. Drop in and test your skills from 9 different record challenges at the library all summer long!

July 7 Maker Fair- Time 1-2:30 pm Ages 5+ Create a banana piano with Makey Makey, build a Lego Robot and more! Registration Required Please call 902-243-3331 to register.

July 15th Art Bots- Grades P-6 Time 2-3pm Registration Required Please call 902-243-3331 to register.

July 25th Puppet Show at Harbourfest- all ages

July 28th and 29th Stuffie Sleepover- Drop off a stuffed animal at the library on Tuesday July 28th between 12-5pm for a Stuffie-only sleepover. Pick them up the next day Wednesday July 29th time 2-3pm to see photos of their library adventure and Make a craft! Registration Required Please call 902-243-3331 to register.

Aug 12th Trip around the World – Fly around the globe from the comfort of your library! Make a suitcase, identify exotic animals, try strange food, and more! Grades P-6 Time 2-3 pm Registration Required Please call 902-243-3331 to register.

Aug 19th Summer Reading Club Wrap Party- Grades P-6 time 2-3pm Registration required please call 902-243-3331 to register.

Yarn Bomb Scarf

Help us create a super-long scarf to drape on Amherst Town Hall during the fibre Arts Festival in October. Drop in to the library and knit a few rows!

Camp Pagweak Opening July 1st

From: Ruth Rushton

After two successful work days the Camp is all spruced up and open for business! We are thrilled to have Angela Trenholm as our Camp Director this summer and I know she is no stranger to Pugwash and surrounding community! No one knows our youth better than Angela! Angela, Jody and Rachel will be moving up the road to Pagweak for the summer season!

It's exciting to know that many children from all over Cumberland and Colchester-Pictou counties will be coming down the lane in just a couple of months! This year we have introduced 'trail bikes' to our program and these shiny machines are all ready to roll! Along with kayaking, zip line, a rock wall, hay rides and a great beach – our little camp has a lot to offer!

We are planning 8 weeks of camp with the first camp starting on July 1st. One of the most popular camps that seems to grow each year is the **Day Trekkers** – it's a day camp for children aged 5 - 12 that runs from **Monday, July 20th – 24th.** The local people enjoy sending their children to this camp as well as all the cottage people. We are in an ideal location to have children dropped off each morning at 9 am and they are picked up at 4 pm. A meal is provided as well as snacks and all the activities that camp offers! We offer camps for ages 5 - 16. Each week there is something for everyone!

For more info call me at 597-8583 – Camp Pagweak is something I love to talk about!

For more info visit: www.pagweak.org or come see us on Facebook!

Pugwash Library

Summer hours

June - September

Monday: Closed
Tuesday: noon - 5pm
Wednesday: 2pm - 7pm
Thursday: 2pm - 7pm
Friday: noon - 5pm
Saturday: 9am - 2pm
Sunday - closed

Ph: 902 243 3331



FRIENDS OF THE MARGARET KING SCHOOL SOCIETY

From: Brian Tuttle

There were a variety of extracurricular activities offered to students attending the Margaret King School in Pugwash Junction. Captured in this photo (circa. 1935) is one particular event, a May Day celebration, just one of many unique activities that contributed to the learning experiences of students attending this school. The collection, sorting and display of photos such as this one, as well as other artifacts, is now the major remaining objective of the Society, since the Margaret King School Memorial Park in Pugwash Junction is nearing completion and is now open to the public.

At the Society's recent Annual General Meeting (May 8), it was agreed to move forward with the archiving of an extensive array of photos and artifacts (the most recent being the School Bell). Particular emphasis is being placed on searching for photos taken of the interior of the school and of student programs and activities (such as sports, Manual Training and Domestic Science). Therefore, we continue with our appeal to former

students and their families to look through attics and old boxes for items that might contribute to the story now being told of student life during the 1929 - 1960 era. The Society welcomes memorabilia provided either as a donation or as a loan, and will be pleased to acknowledge the source of each item.



Photo: Marjorie (Brown) Eisan

OPIOID USE IN CUMBERLAND COUNTY INCREASES

From: Peter Lewis

The Community Health Boards (CHBs) in Cumberland County heard about the alarming increase in opioid use in the County at their Annual Gathering of Members (AGM) held June 2 at Thinkers Lodge in Pugwash. John Rossong, Clinical Manager of Addiction Services in Cumberland County, told nearly 25 CHB members, who gathered in Pugwash, that opioid use has increased dramatically in the last 20 years. Mr. Rossong told members that most clients who accessed addiction services in Cumberland County, 20 years ago, were those with alcohol issues. The typical age of such clients was in their 40s and 50s. There are persons with alcohol issues. However a great number of those with opioid issues, which addiction services now sees, are much younger - frequently in their 20s.

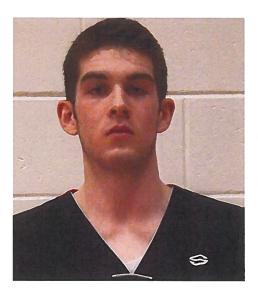
Mr. Rossong told members a 2013-2014 report indicates that, depending on the type of service provided, the percentage of total number of registrations or treatment issues identified as opioid related ranged from 7.7 % to 38.7% of all those accessing addiction services. Opioid use is almost evenly split between males and females, with a slighter greater number of Peter Lewis. While at Thinkers' Lodge, the members were males. Mr. Rossong emphasized that opioid addiction is a social justice and health equity issue. It is important not to judge the client with opioid issues; it is more than the client's opioid use; as society we need to consider the whole person and consider all of the challenges the client encounters in his or her life. As CHB members, we can help educate the public and reduce social stigma.

The CHB members also heard from Cheryl Northcott, Northern Zone Operations director with the Nova Scotia Health Authority. Ms. Northcott explained her new role for the Zone which covers Cumberland, Colchester - East Hants and Pictou. The Zone is not a separate health authority; it is a part of the single Nova Scotia Health Authority for the Province. Part of Ms. Northcott's responsibility deals with CHBs.

The last presentation was from Jimi Kaye. With the Nova Scotia Health Authority, coming into effect on April 1, 2015, he is now manager of the three CHBs in Cumberland County. Mr. Kaye has been attending meetings of the CHBs in the County as well as attending our Annual Meeting held in Pugwash. He complimented the CHBs in Cumberland for not only having a Community Health Plan but of actually "doing the plan". He indicated that we are strongly engaged in our communities.

This year's CHB AGM was hosted by the Pugwash and Area CHB. The meeting was chaired by Pugwash CHB chair, given a tour of the Lodge, Lobster Factory and the nearby Peace Ground. The day ended with a dinner at Inn the Elms. Chair Lewis had promised sunshine but kept his promise, during the wet chilly day, only by providing "a sun" on the projection screen! On a more serious note, the members believe that CHBs are working well in Cumberland County.

Jordan Reid Commits to Mount Mystics for next season



(Halifax, NS) April 28, 2015 – The Mount Mystics men's basketball team is planning for another great year with the addition of student-athlete Jordan Reid of Pugwash, N.S. to the 2015/2016 roster.

"We are very excited to have Jordan committed to our team for the upcoming season," said Mount Mystics Head Coach Ian MacRae. "Jordan is a talented player whose work ethic and commitment to both ends of the floor will translate into a great career at the Mount."

Said Reid, now 18, "I've been playing basketball since I was four years old and I haven't slowed down since. I am a competitive player with a strong passion for the game and I'm always trying to improve my skills. I am a scholar-athlete and take my studies seriously just like my basketball games and practices. I'm looking forward to making a difference at the Mount and playing basketball for the Mystics."

As captain of the Pugwash District High School Panthers, Reid is known as a top offensive player (averaging 33 points per game) with solid defense skills.

Reid helped to claim the Panthers' fourth provincial title this past season. Reid has played with Basketball Nova Scotia for five years, including playing at U15 and U17 Nationals, and a bronze medal win as part of the U17 team.

Reid plans to study business administration at the Mount starting in September 2015.

Summer Staff at the Pugwash Village



Tyler Trenholm, Shelby Parker and Jenna Cottrill are sharing duties at the Visitor Information Centre (VIC) and C@P Site. Tyler is the full time VIC Councillor. Shelby is the full time C@P Site Assistant and Jenna fills in for both positions, extending the facility's hours to seven days a week.

Civic Number Signs

Imagine a dark, rainy night and you are in an ambulance or fire truck responding to a medical emergency. Somewhere out there is a middle aged man who is short of breath and has chest pains. Every second counts. Imagine being that patient or a member of his family and every second feels like an hour. Imagine what it feels like when you cannot find the patient's house because you can't see their civic sign. Believe me, it's a terrible feeling.

Get your home and business civic numbers posted and be sure they are in the right place so that responders can easily find you.

Did you know?

- A County by-law dating from 2006 makes it law that every home and business must have a civic sign on display ("posted") and it must be in the right location relative to that building.
- You can order signs from your fire department (\$20-25) or from the County office (\$20). If your sign is on a post, the fire department will even erect it for you!

From: Lisa Betts, CCAT Chair (and emergency responder)

Mixed Palette Art Group



The Mixed Palette Art Group meets at the Pugwash Village Hall every Thursday from 9:30am to 1pm. We paint, chat and learn from each other.

We paint enough paintings through the year to have a ten day Art Sale in August at the Village Hall. This year, over 1,000 people visited the sale and we sold about 70 paintings!

New members are always welcome. Just drop by the Village Hall on a Thursday or contact Heather Cunningham at 902-243 -2380.

It Takes a Village **Newsletter** is generally published quarterly in March, June, September, December. The deadline for our next issue is August 28th 2015. Maximum word count of 250. No ads. We reserve the right to edit for length and content. Submissions from non-profit groups only please. Photos or graphics will be used as space allows. The newsletter distribution covers the Village and all rural postal routes serviced by the Pugwash post office. Send articles by email to: villagecommission@ pugwashvillage.com

For more info call: 902 243 2946



Dandelion Competition Joint Winners

The first dandelions of the season were presented at the Village Hall on May 6th by Jim MacDonald and Terry Fitzsimons. They each won a ball cap. Runners up were given Village lapel pins.

A special meeting of members for election of the executive will be held on July 9th at 7pm at 119 Miller Road.



North Cumberland Memorial Hospital Auxiliary

Four Auxiliary members joined with Auxilians from across Nova Scotia at the Nova Scotia Association of Health Auxiliaries Education Seminar in Truro on April 23. They enjoyed interesting and informative presentations from: Pharmacist, Peter Bakes on Services to help You; Constable Bruce Lake from the Truro Police Services on Elder Abuse and Scams; and Lawyer Martina Munden on Personal Care Directives.

On May 12, four members attended the Northern Region AGM. Guest Speaker, Margaret MacDonald spoke on Continuing Care and her role as Care Co-ordinator.

Plans are nearing completion for the NSAHA Convention and AGM to be held in Truro in October.

Our Auxiliary does not have monthly meetings during July and August. Our next monthly meeting will be September 1st, 2015 at 2pm in the Hospital Boardroom.

The Thrift Shop will be open normal hours during the summer months: Wednesday from 1-4pm, Thursday from 10am-4pm and Saturday from 9am to noon.

From: Faye Moore

Other Village of Pugwash News ...

There is a vacancy at the Commission. Commissioners must live within the village limits and qualified as an elector as per usual provincial election rules. Nomination papers can be obtained at the Village Hall. If more than one nomination is received, an election will be on Saturday, July 4th.

The Village will sponsor free paper shredding services for at least this summer. Private papers that should be shredded can be deposited in secure bins at the Village Hall at KBG's new premises (previously Ahoy Mate tavern). Other locations may be made available if necessary.

New multi sorter bins will soon be installed to replace worn out collections of bins and barrels at five sites around the village. These bins are not for household waste which must go out on the regular garbage/recycling pick —up on Tuesdays.

Check out the new village website for up-to-date news and reports. Past newsletters, minutes, policies and bylaws are also available.

From: Lisa Betts, Village Clerk

Pugwash Village Commission Meetings

Regular meetings are generally on the third Monday of the month at 7pm. Come to the next meeting and find out what is going on in YOUR Village!

Meetings often include special presentations from local organizations and groups, the RCMP or Provincial representatives

If you would like to make a presentation, call the Clerk at 902 243 2946 or email villagecommission@pugwashvillage.com

Visitor Information Centre (VIC)

The VIC is not just for visitors. Local residents can find lots of information about upcoming events and interesting local attractions for a day trip. Garbage pick-up schedules and other brochures are available - all year!

The VIC is open every weekday morning and through the summer months it is open seven days a week.

The VIC is in the Village Hall at 124 Water Street.



MLA Terry Farrell

The Amherst office is located at 10B Havelock St on the corner with Ratchford Street. The office is staffed daily. Deby White is the Cumberland North Constituency Assistant. You can reach us at 902-660-3144 or by email at terry.farrell@live.com. We will be at the Pugwash Village Hall every second Monday afternoon. Come by chance or call 902-660-3144 for an appointment.

Next Regular Meetings:

July - no meeting August 17th September 21st

Did you know ...
The Village owns
facilities for:
Tennis
Basketball
Volleyball?

This summer we hope to run lessons in swimming in partnership with the YMCA.

Pugwash Village Commissioners: Who are they?

Pugwash Village has five elected Commissioners who volunteer their time to help administer what is going on in YOUR Village. To be a Commissioner, you have to live within Village limits, a Canadian citizen and be willing to give up time to work for the sake of *all* Village residents. Elections are held every year for one or two positions that are for three years.

Christie Blackie (902 243 3308) is the hot lunch coordinator at Cyrus Eaton Elementary School. Christie returned to Pugwash 5 years ago and hosts international exchange students.

Charles Gould (902 243 3493) lives on Durham Street and works for the NS Department of Natural Resources.

Roger Mundle - Vice Chair (902 243 2042) lives on Water Street and is semi-retired as a truck driver. Roger delivered furnace oil in this area for 28 years.

Kathy Redmond - Chair (902 243 2606) lives on Freedom Lane. Kathy brings 12 years of Municipal experience to the village commission. Kathy is office coordinator for Cunningham Construction and Cooperators Insurance.

There is one vacancy for Commissioner. Nomination papers are available form the Village Office.

> MP for Cumberland Colchester Musquodoboit Valley Scott Armstrong 1 888 752 0552

> > ***

MLA for Cumberland North Terry Farrell 902 660 3144

Councilor for District 4 Allison Gillis 902 243 3313



